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## Representative health food made by chargrilled freshwater eel

Tamjing ang River, the lifeline of Gangjin, is suitable as a habitat of freshwater eel, and from long ago, freshwater eel dishes were famous in Mok-ri in Gangjin. Freshwater eel is high in nutritions including proteins and helps restore vitality. Representative dishes for freshwater eel are salt grilled and seasoned freshwater eel. Salt grilled freshwater eel is salted and grilled to enhance nutty and clean taste. Seasoned freshwater eel is grilled and seasoned several times to enhance the taste.















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